



After Care Instructions

Sculptra

Typical Recovery: Mild swelling and tenderness for several days. Most patients get back to their activities immediately following treatment.

Aftercare Instructions

- **IMPORTANT:** Massage the treated area for 5 minutes 5 times per day for 5 days after your treatment. You will be tender and a bit sore, but it's very important for the disbursement of the product and optimal results.
- Within the first 24 hours after your treatment, apply ice or an ice pack wrapped in cloth (avoid putting ice directly on your skin) to the treatment area to help reduce swelling
- Avoid or minimize hard (strenuous) exercise and exposure to extensive sun, UV lamps, indoor tanning beds/booths, or extreme temperatures within the first 24 hours after treatment with SCULPTRA.
- Report any worsening or longer-lasting signs of symptoms to your healthcare provider. Seek immediate medical attention if you develop symptoms such as unusual pain, vision changes, a white appearance of skin near the injection site, or any signs of a stroke (including sudden difficulty speaking, numbness or weakness in your face, arms, or legs, difficulty walking, face drooping, severe headache, dizziness, or confusion) during or shortly after the procedure

These instructions are general guidelines and do not replace medical advice. Please follow any specific instructions provided by your healthcare provider. If you have any questions or concerns regarding your recent treatment, please call us at (703) 766-2220.