



# After Care Instructions

## Moxi Laser

**Typical Recovery:** Typically requiring only 24–48 hours for redness and warmth to subside. While you can return to normal activities immediately, the skin feels like sandpaper and shows rough texture for 3–5 days. Full, glowing results usually appear within one week.

### Aftercare Instructions

- Redness, mild swelling, and rough “sandpaper” texture are normal.
- You may feel mild warmth or tingling for a few hours.
- Avoid makeup for at least 24 hours to let the skin heal.
- Daily Care (First 3–5 Days): Apply a gentle, hydrating moisturizer and SPF 30+ daily. Cleanse with a mild, non-irritating cleanser twice daily.
- Avoid direct sun exposure, tanning beds, saunas, and steam rooms.
- Avoid exfoliants, retinoids, or acids until skin is fully recovered.

### Hydration & Protection

- Keep skin hydrated both topically and internally (drink water).
- Do not pick, peel, or scrub flaking areas. Let them exfoliate naturally.

### Makeup

- Makeup can be used after 24 hours if skin is calm, but avoid heavy occlusive foundations during recovery.

### Warning Signs

- Mild redness, dryness, or roughness is expected.
- Contact us if you experience excessive swelling, pain, pus, or other signs of infection.

**These instructions are general guidelines and do not replace medical advice. Please follow any specific instructions provided by your healthcare provider. If you have any questions or concerns regarding your recent treatment, please call us at (703) 766-2220.**