



# After Care Instructions

## Biopsy Care

**Typical Recovery: 7 to 14 days.**

### **Aftercare Instructions**

- Wash your hands thoroughly with a mild soap and warm water
- Cleanse the biopsy site with antibacterial soap and warm water. Do not rub the area too aggressively.
- Pat the area dry and apply a generous amount of Aquaphor to the biopsy site.
- Aquaphor can be purchased any grocery/pharmacy retailer.
- Place a small dressing or band-Aid over the wound. You will need to repeat these steps twice daily until the wound heals in approximately 5-7 days.
- WATER: Shower water is fine however, pools, hot-tubs and the ocean should be avoided until the area is healed.

### **Biopsy Information**

- A biopsy is a removal of a small suspicious growth on your skin by your Dermatologist. The sample that is removed is then sent to a pathologist who will examine the specimen and render a diagnosis. This process usually takes 14 days depending on your insurance covered lab.
- After your doctor reviews the findings, he will coordinate the diagnosis with his observations to determine whether or not further treatment is required. Confirming the diagnosis is helpful in choosing the best possible treatment for any condition.

**These instructions are general guidelines and do not replace medical advice. Please follow any specific instructions provided by your healthcare provider. If you have any questions or concerns regarding your recent treatment, please call us at (703) 766-2220.**